



COUNTY OF YOLO

Office of the County Administrator

Daniel Kim

Interim County Administrator

625 Court Street, Room 202 • Woodland, CA 95695
Phone: (530) 666-8042 • Fax: (530) 668-4029
www.yolocounty.org

Frank Schneegas
Communications Coordinator
frank.schneegas@yolocounty.org

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Contact: Frank Schneegas

Email: frank.schneegas@yolocounty.org

Yolo County Public Health Provides Supplemental Youth Sports and Extracurricular Activities Guidance

(Woodland, CA) – The Community Health Branch (Public Health) of the Yolo County Health and Human Services Agency (HHS) has published [supplemental COVID-19 guidance on sports and extracurricular activities](#) for public and private K-12 schools and youth-serving organizations in Yolo County.

On September 1, the California Department of Public Health (CDPH) updated its [guidance for K-12 schools](#) to include requirements for school-based sports and extracurricular activities. However, the CDPH school guidance on youth sports and extracurricular activities is narrow in its scope and is specific to indoor activities at schools, leaving many questions unanswered for both schools and youth-serving organizations. The supplemental guidance from Yolo County Public Health is intended to fill in the gaps.

The supplemental guidance outlines recommendations that are primarily drawn from the US Centers for Disease Control and Prevention's (CDC) [guidance for sports and extracurricular activities](#). The supplemental guidance speaks directly to testing, masks, vaccination, ventilation, isolation and quarantine, handwashing, gathering "off the field", spectators, and concessions as they relate to sports and extracurricular activities.

"Sports and extracurricular activities are important for the health and well being of young people, but extra precautions are needed to keep participants safe during the current COVID-19 surge," says Dr. Aimee Sisson, Yolo County Health Officer. "Activities should be moved outdoors whenever possible, participants should be tested regularly, and only fully vaccinated persons should engage in the highest risk activities."

Testing recommendations are provided for low-risk, intermediate-risk, and high-risk sports and extracurricular activities at different levels of community transmission as part of a framework of best practices. The supplemental guidance also recommends that unvaccinated participants wear a mask during outdoor activities when they are not able to maintain 6 feet of distance from others. Masks continue to be required for everyone in school-based and non-school-based indoor sports and extracurricular activities, as required by CDPH schools guidance and the Yolo County's Health Officer Order for universal indoor masking.

Vaccination is the most effective way to protect oneself and the community from illness, hospitalization, and death from COVID-19, and it is strongly recommended that all participants in sports and extracurricular activities, including youth 12 and older, coaches, and staff be fully vaccinated. Yolo County continues to deliver and administer COVID-19 vaccines to residents throughout the county as part of the free call-to-order program. Residents who would like to get vaccinated at their home or place of business can call (530) 902-3230 to schedule an appointment to have vaccine delivered between 9:00 a.m. and 7:00 p.m. To schedule an appointment in Spanish, residents can call (530) 379-3465. To schedule an appointment in Russian, residents can call (530) 908-0721.

To read the full Youth Sports and Extracurricular Activities Supplemental Guidance, visit www.yolocounty.org/coronavirus-roadmap. For more information about Yolo County's COVID-19 vaccine program and opportunities to get vaccinated, visit www.yolocounty.org/coronavirus-vaccine. Residents can also call Yolo 2-1-1 for related information and resources. For additional updates follow Yolo County on Facebook at: <https://www.facebook.com/YoloCounty/> or Twitter at: <https://twitter.com/YoloCountyCA>.

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